

Food/Toiletry Pantries

Bishop Sullivan Center

6435 Truman Rd 816-231-0984
1:00 pm - 4:00 pm Mon - Thurs
3936 Troost Ave 816-561-8515
9:00 am - 12:30 pm Mon - Thurs
Blue Hills Church of the Nazarene 816-523-2833
10306 Blue Ridge Blvd.

2nd Tuesdays 10:00 am - 2:00 pm

Community Progressive Church 816-921-7016

4920 E 31st St.

Tues & Fri 8:00 am - 12:00 pm; 1st Wed 8:00 am

Covenant Presbyterian Church 816-444-3693

5931 Swope Parkway

Mon - Fri 9:00 am - 12:45 pm

Della Lamb 816-842-8040

500 Woodland Ave.

Fridays 8:30 am - 10:30 am

St. Paul's Episcopal Community Services 816-931-2850

11 E. 40th St.

Tues & Fri 10 am - 12 pm; Wed 5:30 pm - 7:30 pm

Guardian Angels Church 816-931-4351

1310 Westport Rd.

Mon 9:00 am - 12:30 pm; Tues - Thurs 1 pm - 3 pm

Kansas City Indian Center 816-421-7608

600 W. 39th St.

Fridays 1:00 pm - 2:00 pm

Memorial Church International 816-363-7939

11424 Hickman Mills Dr.

Thursdays 10:00 am - 2:00 pm

Metropolitan Missionary Baptist Church 816-923-3689

2310 E. Linwood Blvd.

2nd & 4th Tuesdays 9:30 am - 11:00 am

Morning Star Missionary Baptist Church 816-923-3559

2411 E. 27th St.

3rd Wednesdays 11:45 am - 1:45 pm

Palestine Senior Center 816-921-1963

3325 Prospect Ave.

Mon, Tues & Thurs 9:30 am - 12:30 pm

Redemptorist Social Services Center 816-931-9942

207 W. Linwood Blvd.

Mon - Thurs 10:00 am - 12:00 pm

Trinity United Methodist Church 816-931-1100

620 E. Armour Blvd.

Mondays 10:00 am - 1:00 pm

St. James United Methodist Church 816-444-5588

5540 Wayne

2nd, 3rd, & 4th Wednesdays 4:30 pm - 6:00 pm

Trinity United Methodist Church 816-931-1100

620 E. Armour Blvd.

Mondays 10:00 am - 1:00 pm

Free Meals

Breakfast

Hope Faith Ministries 705 Virginia Ave

Mon - Sat 8:30 am - 10:00 am

Morning Glory Café 416 W. 12th St.

Tues - Fri 7:15 am - 8:30 am

Neighbor2Neighbor 3551 Wabash

Mon - Fri 9:30 am - 10:30 am

True Light Ministries 719 E. 31st St.

Saturdays 7:30 am - 9:00 am

Lunch

City Union Mission Men's Shelter 1100 E. 11th St.

Mon - Sat 11:30 am - 12:30 pm

Sun 2:30 pm - 3:00 pm

Hope Faith Ministries 705 Virginia Ave.

Mon - Fri 11:00 am - 12:30 pm

Sat 11:30 am - 1:30 pm

KC Community Kitchen 750 Paseo

Mon - Fri 11:00 am - 2:00 pm

Morning Glory Café 416 W. 12th St.

Sat 12 pm - 12:45 pm, Sun 1:00 pm - 2:00 pm

Salvation Army 3013 E. 9th St.

Mon - Fri 11:00 am - 12:30 pm

Thelma's Kitchen 3101 Troost Ave.

Mon - Fri 11:00 am - 2:00 pm

Trinity UMC 620 E. Armour Blvd.

Mon 12:00 pm - 1:00 pm, Sat 11:30 am - 1:00 pm

True Light Ministries (women & children only) 719 E. 31st St.

Mon - Fri 12:00 pm - 1:00 pm

Neighbor2Neighbor 3551 Wabash

Mon - Fri 11:00 am - 12:30 pm

Dinner

City Union Mission Men's Shelter 1100 E. 11th St.

Mon - Sat 5:30 pm

Food Not Bombs Independence Ave & Monroe Sundays 4 pm

KC Rescue Mission 1520 Cherry St.

Mon - Sun Arrive by 7:00 pm, food served at 7:30 pm

Micah Ministries 606 Gladstone Blvd Monday 5:30 pm - 7 pm

Bishop Sullivan Center 3936 Troost Ave

Mon - Fri 4:30 pm - 6:00 pm

Kid's Café at KC Public Library

Healthy meal provided for children ages 1 - 18

Bluford 3050 Prospect Mon - Fri 3:30 pm - 4:30 pm

North-East 6000 Wilson Rd Mon, Wed, Fri 3:30 - 5 pm

Southeast 6242 Swope Pkwy Mon - Thurs 3:30 pm - 4:30 pm

Waldo 201 E. 75th St. M - Fri 3:30 pm - 4:30 pm

Kansas City

EMERGENCY

HELP

&

COMMUNITY

RESOURCES

THE KANSAS CITY PUBLIC LIBRARY

Summer 2019

Emergency Help

General Resources: dial 211

Adult Abuse Hotline 816-881-3974
Bishop Sullivan Center
816-231-0984 6435 Truman Rd.
816-561-8515 3936 Troost Ave.
Rent, utility, & employment assistance, clothing.
Catholic Charities Welcome Center 816-221-4377
4001 Blue Pkwy #250 day room, utilities, referrals
Child Abuse Hotline 800-392-3738
Community Action Agency 816-358-6868
utility assistance, case management, youth services
Della Lamb 816-842-8040
citizenship, ESL, rent/utility assistance, food, clothing
Domestic Violence Hotline 1-816-HOT-LINE
Don Bosco Center 816-691-2802
580 Campbell senior assistance
Drug/Alcohol Crisis Hotline 816-361-5900
First Call alcohol/drug prevention & recovery
Harvester's SNAP Line 816-929-3300 food stamps
Journey to New Life 816-960-4808
3120 Troost Ave reentry focused resources
KC Anti-Violence LGBTQ Hotline 816-561-0550
domestic violence, sexual assault, hate violence
KCRM Women's Center 816-348-3287 residential
substance use treatment for women experiencing homelessness.
Legal Aid 816-474-6750 4001 Blue Pkwy #300
Mental Health Crisis Line 888-279-2132
Metropolitan Lutheran Ministry 816-931-0027
3031 Holmes food, utilities, ID, diapers
MidAmerica Assistance Coalition
816-561-2727 senior assistance
Neighbor2Neighbor 3531 Wabash Ave.
Meals, clothing, case management
Rape/Sexual Abuse Hotline 816-531-0233
Reconciliation Services 816-931-4751
3101 Troost Ave rent, utilities, food, employment
Rose Brooks Center 816-861-6100
domestic violence
Salvation Army 816-483-8484
rent, utilities, food, prescriptions, etc.
Suicide Hotline 800-784-2433
Transgender Lifeline 877-565-8860
True Light Family Resource Center 816-561-1700
712 E. 31st St. case management, clothing, utility
assistance, diapers, toiletries, etc.

Veterans Community Project 816-599-6503
bus passes, employment assistance, legal services

Emergency Shelters

City Union Mission 816-474-4599
Men's shelter & family shelter
Crossroads Family Shelter 816-252-3200
Independence MO, families, 30-60 day program
KC Rescue Mission 816-421-7643
reStart Emergency Shelter 816-472-5664
1444 E 8th St. Mon - Fri 10 am - 12:30 pm

Employment

Connections to Success
816-561-5115 300 W. Linwood Blvd.
Full Employment Council
816-471-2330 1740 The Paseo
GoodWORKS Career Center
816-842-7425 1817 Campbell St.
H&R Block Business & Career Center
Central Library
816-701-3717 14 W 10th St, 3rd floor
Women's Employment Network
816-822-8083 920 Main #100

Health

Comprehensive Mental Health Services
816-254-3652 Independence, MO
Good Samaritan Project
816-561-8784 5008 Prospect Ave.
HIV & AIDS services
KC CARE Health Center
816-753-5144 3515 Broadway
Dental: 2340 E. Meyer Blvd.
KC Medicine Cabinet 816-276-7517
Prescriptions, dental, diabetic supplies, eyeglasses
KC Health Department 816-513-6008 2400 Troost
Ave. Immunizations, STD testing, birth certificates, etc.
Research Psychiatric Center 816-444-8161
2323 E 63rd St. 24/7 crisis line 816-235-8162
Samuel U. Rodgers Health Center 816-474-4920
825 Euclid Ave. Medical, dental, & behavioral health
Swope Health Services 816-923-5800
3801 Blue Pkwy.
Medical, dental, & behavioral health
Truman Behavioral Health 816-404-5700
300 W 19th Terrace
UMKC Community Counseling 816-235-2725
615 E. 52nd St., Suite 212
Low & no cost mental health services

Kansas City VA Medical Center
816-861-4700 4801 Linwood Blvd.

Transitional & Permanent Housing

Hillcrest Transitional Housing 816-461-0468
401 N Spring Street Independence, MO
Adults, couples, and families
Housing Authority of Kansas City
816-968-4100 299 Paseo Blvd.
applications taken Mon - Fri 8:30 am - 11:30 am
HUD Housing Referral & Counseling
800-569-4287

reStart Housing Solutions Center 816-472-5664
918 East 9th St. applications taken:
Mon & Fri 8:00 am - 10:00 am
Tues & Thurs 2:00 pm - 4:00 pm
Wed 5:00 pm - 7:00 pm

ID & Vital Records Assistance

Morning Glory Ministries
816-842-0416 416 W 12th St.
Hope Faith Ministries
816-471-4673 705 Virginia Ave.
Reconciliation Services
816-931-4751 3101 Troost Ave.
Metropolitan Lutheran Ministry
816-931-0027 3031 Holmes

Shower Facilities

Hope Faith Ministries
816-471-4673 705 Virginia Ave.
KC Rescue Mission
816-421-7643 1520 Cherry St. *Men only
Swope Health Services
816-923-5800 3801 Blue Pkwy.
**With medical appointments only*
True Light Ministries: Emancipation Station
816-531-1300 719 E. 31st St *Women only

Youth

Halo Worldwide 816-472-4256 or 816-590-4493
Housing, education, art therapy, etc. youth 5-23
Mother's Refuge (816) 353-8070
must be 21 or younger and pregnant
National Runaway Safeline 1-800-786-2929
reStart Youth Emergency Shelter
816-309-9048 Youth 12-18
Street Outreach Services (Safe Place)
816-204-6747 youth 22 and under